



**Sir Penfro
Pembrokeshire**

Haverfordwest Office
43 Cartlett
Haverfordwest
SA61 2LH

Pembroke Dock Office
38 Meyrick Street
Pembroke Dock
SA72 6UT

Monday

10am-12pm and 1pm-3pm Drop in Service

Tuesday

10am – 1pm Drop in service

Wednesday

10am – 1pm Drop in service

Monday

10am – 1pm Drop in service

Wednesday

10am-12pm and 1pm-3pm Drop in Service

Thursday

10am – 1pm Drop in service

Drop-in Outreach Services		
Location	Day	Time
Fishguard Town Hall	Tuesday	10:00am - 1:00pm
St.Davids Memorial Hall	1 st Tuesday of each month	10:00am - 1:00pm
Newport Community Library	3 rd Tuesday of each month	2:00pm - 5:00pm
Milford Haven Town Hall	Wednesday	10:00am - 1:00pm
Pre booked Appointments available at		
PATCH (Milford Haven)	Tenby Cottage Hospital	
Saundersfoot GP Surgery	Bro Cerwyn Psychiatric Unit	
Goodwick GP Surgery		

Appointment Line 01437 806070 - Monday – Thursday - 9am -10am & 4pm-5pm

National telephone Advice 0344 477 20 20 - Monday – Friday 10am – 4pm

Email: advice@pembscab.org

Information can also be obtained from: www.citizensadvice.org.uk